

Warrington Soccer Club Coronavirus Preparedness Plan

After review of the information from the CDC and state and local health departments, please adhere to the following:

For Parents and Players:

- If a player or a member of their immediate family is exposed to or tested positive for the Coronavirus, please alert your child's coaches, the club president Eric Killenbeck (at president@warringtonsoccerpa.org), and the club Risk Management board member Keith Sink (at riskmanager@warringtonsoccerpa.org) immediately.
- Players stay home from practices and games if they have a fever of 100 or higher.
- Players stay home from practices or games if they have a persistent cough, are frequently sneezing and/or have a runny nose.
- After an illness, players may not return to practices or games unless they have been fever free, **without** medication, for at least 48 hours.
- Parents that are ill should not attend practices or games.
- There will be no pre or post game handshakes, high fives, etc.
- Team pinnies will be washed after every use.
- Water bottles are not to be shared.
- It is recommended that Parents/Players clean and disinfect their equipment after a practice or game. For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.

Finally, state and local health officials continue to urge residents to practice preventive steps such as:

- Frequent hand-washing with soap and warm water for at least 20 seconds
- Avoiding close contact (within six feet) with people who are sick
- Avoiding touching one's eyes, nose and mouth
- Staying home when sick
- Covering one's coughs or sneezes with a tissue and throwing the tissue in the trash
- Cleaning and disinfecting frequently touched objects and surfaces with household cleaning sprays or wipes

Helpful Websites

CDC's What You Should Know (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>)

CHOP's FAQ (<https://www.chop.edu/centers-programs/division-infectious-diseases/frequently-asked-questions-about-2019-novel-coronavirus>)